

# **Freedom Groups Facilitator's Guide**

## **Guide for the "HUMILITY" Study Guide**

### **I. Introductions/Ice Breaker: (15 minutes)**

Welcome everyone.

Ask how everyone's week was and allow a few minutes for sharing.

Then ask one, two or all of the WARM-UP questions on page one of the study guide.

### **II. The Study: HUMILITY (30 minutes)**

Share with the group: *"Over the last several weeks we have been talking about love. During those studies we talked about how true love is not just feelings but actions. The Biblical definition of loving actions were actions that we could choose to take. Therefore love is a choice that we can make. We can choose to act lovingly towards another. When we choose to act lovingly towards another the feelings we associate with love start to come into our lives.*

*In the last study we looked at how these loving action never fail to have an affect on people because we all need love. But we also discussed how we can choose to stop acting lovingly towards others and how our choice to stop loving usually starts because we start keeping records of wrongs, start being easily angered or we start envying what others have that we don't, just to name a few.*

*This week we want to look at one of the core issues that will enable us to love or keep us from loving others, and even ourselves, as we should. "*

Facilitate your group's discussion by going through the study guide.

- Start with reading the WORD section
- do section 1, reading the Scripture and question
- do section 2, reading the Scripture and question
- do section 3, reading the Scripture and question

### **III. Application: (10 minutes)**

Go through the APPLICATION section of the study and discuss.

Let your group know that you will be asking them next week how they applied this lesson.

### **IV. The Challenge and Prayer (5 minutes)**

Lead your group in praying using the written PRAYER section as a guide.

Remind them of your next meeting time and place and then dismiss on time.