

Freedom Groups Facilitator's Guide

For The "LOVE" Study Guide Lesson 1

The Meeting:

I. Introductions/Ice Breaker: (15 minutes)

Welcome everyone.

Ask how everyone's week was and allow a few minutes for sharing.

Then ask one, two or all four of the WARM-UP questions on page one of the LOVE study guide for LESSON 1.

II. The Study: LOVE, lesson 1 (30 minutes)

Share with the group, *"Love is one of the most powerful feelings we have. It is a wonderful feeling. Love is more than just a feeling though. Love is also action. If we love something, we want to spend time doing the thing we love. If we love someone, we want to do things with them or for them. Love is wonderful and powerful."*

Unfortunately the word love, and the very meaning of love, has been overused and cheapened in our world today. There are so many different things that people say they love, and it is said so often, that it weakens and cheapens the meaning of love. For many, love can come and go very quickly. This is not the true meaning of love. True love is special, unique and lasts.

This week we will begin a series of studies on love. First we must know that we are loved. So this week's lesson is on that very subject."

Facilitate your group's discussion by going through the study guide.

- Start with reading the WORD section;
- do section 1, reading the Scripture and question
- do section 2, reading the Scripture and question
- do section 3, reading the Scripture and question

III. Application: (10 minutes)

Go through the APPLICATION section of the study and discuss.

Let your group know that you will be asking them next week how they applied this lesson.

IV. The Challenge and Prayer (5 minutes)

Lead your group in praying using the written PRAYER section as a guide.

Remind them of your next meeting time and place and then dismiss on time.